All Adults Should

⇒ Get a flu shot every year
⇒ Get one dose of Tdap if you didn’t as a teen, then get a dose of Td every 10 years
⇒ Get 2 doses of varicella vaccine if you didn’t have the chickenpox as a child

Health Conditions & Special Situations

Hepatitis A
Chronic liver disease, clotting factor disorders, MSM, close contacts of new international adoptees

Hepatitis B
Chronic liver disease, clotting factor disorders, diabetes, HIV or other STIs, dialysis, MSM, healthcare workers

Meningococcal
Chronic immune defects, occupational exposure, first year college students living in a residence hall, asplenia

Pneumococcal
Diabetes, heart/lung/liver disease, alcoholics, compromised immune systems, cochlear implants, cigarette smokers, asplenia, living in a long term care facility

Traveling Abroad?
If you’re travelling outside of the United States, you may need to be vaccinated against local diseases: talk to your provider!

For More Information, please visit
https://www.cdc.gov/vaccines/adults/rec-vac/index.html